

2018 Australian, Oceania and Open Masters Weightlifting Championships	
Eligibility	<p>Australian Masters Championships: open to Australian Citizens and Australian Residents who hold a current AWF Membership License and have competed in any AWF Sanctioned Event listed on the 2017 &amp; 2018 AWF Calendar between 21 Apr 2017 – 15 Apr 2018</p> <p>Oceania Masters Championships: Open to Citizens of any Oceania Weightlifting Federation Member Nation, and who are approved by their national weightlifting body</p> <p>Open Masters Championships: Open to any member of a weightlifting body registered with the IWF, and who are approved by their National Body</p>
Host State	Victorian Weightlifting Association Inc
Dates of Competition	25-26-27 May 2018
Competition Venue	Eleiko Victorian Weightlifting Stadium 34 Linda Crescent, Hawthorn, Melbourne, Victoria, Australia
Age Eligibility	Athletes born during or before 1983
Categories	48/53/58/63/69/75/75/90/90+ WOMEN 8 Categories 56/62/69/77/85/94/105/105+ MEN 8 Categories
Age Groups	As per IWF TCRR
Close of Entries	Monday 16 <sup>th</sup> April, 2018
Entry Fee	One event: A\$125 Two events: A\$135 Three events: A\$145
Awards	<ul style="list-style-type: none"> <li>• T-Shirt</li> <li>• Medals – Top 3 per category</li> <li>• Champion of Champions Prize (SMF Score)</li> <li>• Age Group Trophies (SMF Score)</li> <li>• Team Trophy + Photograph</li> </ul>
Therapeutic Use Exemptions	Therapeutic Use Exemptions must be completed and sanctioned by the respective Governing Body/Country Anti-Doping Officer. You must bring a copy of all relevant documents related to your T.U.E for Anti-doping purposes.

#### IMPORTANT NOTES:

- Payments and individual entries must be submitted via website link: [www.awf.com.au/registration/](http://www.awf.com.au/registration/) **no later than Monday 16<sup>th</sup> April 2018.**
- The AWF office will send all received entries to the respective State Member who will in turn submit the names of State Team members via email [mkeelan@awf.com.au](mailto:mkeelan@awf.com.au) **no later than Thursday 24 May 2018.**



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## REGULATIONS:

1. The minimum weights which must be will be in accordance with the IWF TCRR:  
Men = twenty-six (26) kg (20 kg bar, collars and two 0.5 kg discs)  
Women = twenty-one (21) kg (15 kg bar, collars and two 0.5 kg discs)
2. The total weight of the starting attempts declared and actually taken in the Snatch and the Clean & Jerk must equal or exceed the weight of the verified Entry Total minus twenty (20) kg. The Jury will exclude the athlete from the competition if this rule is not adhered to. The above rule is commonly referred to as the "20 kg Rule".
3. Athletes **must produce** Photo ID at the weigh-in. Failure to produce ID will result in the athlete not being able to contest the event.
4. Athletes may compete in the category in which they have been entered or go up or down categories. The category of choice must be declared **prior to 5pm on Thursday 24 May 2018** via text message on mobile +61 411 424 328 or email [mkeelan@awf.com.au](mailto:mkeelan@awf.com.au)
5. **Individual Placing** will be calculated off **Totals** only.
6. Each Male and Female State team will consist of five (5) lifters plus one (1) reserve for the Australian Masters Championships. States may enter a maximum of two (2) male teams and two (2) female teams. Scoring for the **Australian Masters Championship Teams competition** will be as per the IWF TCRR with the following proviso: If a team member is the only lifter in an age and weight group, the maximum points that can be earned is 23 (equivalent to 3rd. place). If there are two people in the age and weight group and both were selected in teams, the winner would earn 25 points and second would earn 23 points (equivalent to 2nd and 3rd. places)
7. The reserves and other additional lifters can compete in the Australian Masters Championships, win medals and any other individual awards, but **cannot** gain points for the State Team.
8. The 'final' teams submitted by each State Member consisting of a maximum of five men and five women plus one reserve must be declared **prior to 5pm on Thursday 24 May 2017** via text message on mobile +61 411 424 328 or email [mkeelan@awf.com.au](mailto:mkeelan@awf.com.au)
9. An athlete who does not register a successful Snatch will **not be allowed** to continue in the Clean & Jerk;
10. Athlete dress standard **MUST** conform to the IWF TCRR.
11. All individual entries and payments **MUST** be submitted no later **no later than Monday 16 April, 2018 via website link: [www.awf.com.au/registration/](http://www.awf.com.au/registration/) NO LATE ENTRIES WILL BE ACCEPTED**
12. **No refunds** will be issued once the Preliminary Starting List has been posted on the AWF website and circulated through AWF social media channels



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